



29th April 2016

Orangethree Running Club
Belfast



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Dear Orangethree Running Club

actionforchildren.org.uk

I wanted to write to thank you for the kind donation you made to the Young Carers Service. We support young people aged 8 – 18 who have a caring role for someone in their family. We support young people living in Belfast, South Eastern and Southern Trust areas. I have attached some case studies to give you an idea about some of the work they do to support a loved one.

As a service we support young carers through short break activities, group work and 1-1 support. We are currently running a group for young people who care for a sibling. Sometimes the young people have to manage aggressive behaviour directed towards them, they often miss out on family activities due to their siblings' needs and sometimes feel like they aren't the priority.

Your kind donation means that at the end of the group we will take the young people out for a fun activity – we intend to take them to We are Vertigo as its somewhere they wouldn't all have opportunity to go to with their family.

We all really appreciate your support and hope you will keep us in mind for any future fundraising events.

Yours Sincerely

Jennifer Hamilton
Service Coordinator
NI Regional Young Carers Service

